



The Arc Eastern Connecticut  
125 Sachem Street  
Norwich, CT 06360  
T: 860.889.4435  
[TheArcECT.org](http://TheArcECT.org)

*Achieve with us.®*

## **For Immediate Release**

Contact: Andrea Kaiser  
The Arc Eastern Connecticut  
[akaiser@thearcect.org](mailto:akaiser@thearcect.org)  
860-889-4435 x118  
[TheArcECT.org](http://TheArcECT.org)

November 8, 2019

## **Berkshire Bank Awards Grant, Campaign Support, to The Arc Eastern Connecticut**

The Berkshire Bank Foundation has awarded The Arc Eastern Connecticut \$5,000 for both its program for women with intellectual and developmental disabilities and for its Giving Tuesday campaign. Thanks to the Foundation, The Arc ECT can begin implementing its successful Voices program in northeastern Connecticut beginning in January 2020. This support group helps women with IDD who are at risk of sexual abuse, exploitation, or domestic violence identify healthy behaviors and practice self-care, good decision-making, and self-advocacy. Additionally, through Berkshire Bank Foundation's donation to the Arc ECT's Giving Tuesday campaign, gifts to the agency will now be matched by the Foundation on December 3<sup>rd</sup>.

To learn more about The Arc ECT's programs throughout eastern Connecticut, please visit [TheArcECT.org](http://TheArcECT.org) or contact Denise Tift at (860) 889-4435, ext. 116.