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## Registration Open for The 42<sup>nd</sup> Annual Jack O'Keefe Memorial Strides Road Race

Waterford, CT- The annual Jack O'Keefe Memorial Strides Road Race, sponsored by the Arc Eastern Connecticut, celebrates its 42<sup>nd</sup> anniversary this year. Held on Sunday October 6 at Camp Harkness in Waterford, the race offers prizes to top finishers as well as a family fun run/walk/roll. All proceeds benefit programs that serve people with intellectual and developmental disabilities in eastern Connecticut.

"Our community partners have been incredible supporters of this event over the years," notes Kathleen Stauffer, Chief Executive Officer. "Outback Steak House, one of our Platinum Sponsors, has provided the best food of any race in the region for over 15 years." Additional Platinum Sponsors include The Robert F. and Maureen T. O'Keefe Family Foundation and the 21<sup>st</sup> Century Tolland Fund—the race's official T-Shirt sponsor.

Gold Sponsors include Sure-Bright, Inc., Berkshire Bank, TriPoint Insurance, and MJ Sullivan Auto. Dime Bank's "Blue Crew" volunteers have helped with pre-race preparations for over 10 years. A complete list of sponsors can be found on The Arc's website at TheArcECT.org.

"This race has become a favorite fall event for both serious runners and families," said The Arc's Board President, Linda Rhodes. "Last year over 350 runners participated—we have a great course, and lots of activities for the kids."

First hosted in the late 1970s, the race honors the late Jack O'Keefe. For more information, and to sponsor or register online, visit TheArcECT.org or contact Denise Tift at (860) 889-4435 x116.