Who We Are

The Arc Eastern Connecticut—formerly The Arc Quinebaug Valley and The Arc New London County—has served the communities of northeastern and southeastern Connecticut since 1952.

Two groups of parents, concerned that their children with intellectual and developmental disabilities were being denied educational opportunities, met in their homes to plan a strategy, sparking a social and civil rights movement in the state.

Today, The Arc Eastern Connecticut supports more than 900 people with IDD and their families yearly. We help people find homes, prepare for competitive employment with area businesses, and independently and actively engage in their communities.

Our dedicated Board of Directors and our caring and professional staff have provided us with the ability to build programming and employee training modules in ways that greatly reinforce the mission and vision of our founding families who established both The Arc NLC and The Arc QV over six decades ago.

Find Out More
Call 860.889.4435
TheArcECT.org

Did you know . . .

There are an estimated 2.5 million people in the United states with an intellectual or developmental disability.

The Arc Eastern Connecticut supports over 175 people in its employment programs who work an average of 15 hours per week at minimum wage or higher.

Our micro-enterprises include a redemption center, consignment stores, a farm stand, landscaping and cleaning services, and a bakery with cookies in over 16 stores region-wide.

The Arc ECT operates 74 vehicles that drive over 1,400,000 miles per year, providing door-to-door transportation for people participating in day programs and community activities.

In partnership for full equality

My School.
My Home.
My Job.
My Choice.
What We Can Do

EMPLOYMENT TRAINING
Six thriving micro-enterprises provide training and preparation for competitive employment with area businesses.

DAY PROGRAMS
Our day programs in Norwich, Groton and Danielson offer a variety of volunteer opportunities, health/fitness activities, and community and life-enrichment programs for adults including Seniors.

SCHOOL-TO-WORK TRANSITION
This program helps young adults navigate the often confusing path to life and work after graduation.

SUPPORTED HOUSING
Creative living options throughout eastern Connecticut support personal choice and maximum independence.

COMMUNITY LIFE & ADVOCACY
This unique program offers empowerment and self-advocacy groups, Special Olympics, social networking, and civic participation activities.

IN-HOME SUPPORTS
Personal, family-centered services are offered in both the home and the community.

COMMUNITY COMPANION HOMES
The CCH program helps people with IDD live as independently as possible with families in their communities.

Our Mission
To partner with people living with intellectual and developmental disabilities for **EQUAL participation and inclusion** in the communities of eastern Connecticut.

Contacts
Norwich Offices
125 Sachem St., Norwich, CT 06360
(860) 889-4435

Employment Transition Center, Groton
52 Sacred Heart Drive, Groton, CT 06340
(860) 449-1529

Danielson Offices
687 Cook Hill Rd., Danielson, CT 06239
(860) 774-2827

The Arc Encourages
✓ Choice
✓ Volunteerism
✓ Independence
✓ Self-expression
✓ Community involvement

Achieve with us.