

For Immediate Release
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Registration Open for the 45th Annual Jack O’Keefe Memorial Strides Road Race

Waterford, CT- The annual Jack O’Keefe Memorial Strides Road Race, sponsored by the Arc Eastern Connecticut, celebrates its 45th anniversary this year. Held on Sunday October 2 at Camp Harkness in Waterford, the race offers prizes to top finishers as well as a family fun run/walk/roll. All proceeds benefit programs that serve people with intellectual and developmental disabilities in eastern Connecticut. A virtual option is also available this year for those who can’t make it the day of the race.

“We owe much of the event’s success to our community partners and sponsors,” notes Kathleen Stauffer, Chief Executive Officer. “Gerardi Insurance and Berkshire Bank, our Platinum Sponsors, have partnered with us on all our fundraisers this year and we couldn’t be more grateful.” The Robert F. and Maureen T. O’Keefe Family Foundation joins our Platinum sponsors and the 21st Century Tolland Fund is the race’s official T-Shirt sponsor. Delicious post-race food will be provided by Flanders Fish Market & Restaurant of Niantic.

Dime Bank’s “Blue Crew” volunteers have helped with pre-race preparations for over 13 years. A complete list of sponsors can be found on The Arc’s website at TheArcECT.org.

“This race has become a favorite fall event for both serious runners and families,” said The Arc’s Board President, Diane Aubin. “This year, in addition to cash prizes for top finishers, we have some great raffle prizes, as well as a contest to see who’s wearing the oldest Strides T-Shirt.”

First hosted in the late 1970s, the race honors the late Jack O’Keefe. For more information, and to register online (including for the virtual race), visit TheArcECT.org/Strides or contact Denise Tift at (860) 889-4435 x116.