

February 2026

 Calendar, CL&A Schedule, CL&A

Wednesday, February 4, 2026

Voice's

Wed 2/4/2026 5:00 PM - 6:00 PM

This group is for women only, this is a self empowerment group for women to meet, share and talk about challenges, successes and all that make them strong.

Men's Group

Wed 2/4/2026 6:00 PM - 7:00 PM

This program is offered to men only, it will act as a support group for men to talk about their strengths, success and challenges, come to this support group and support each other.

Friday, February 6, 2026

Craft Night

Fri 2/6/2026 6:00 PM - 8:00 PM

Location: 125 Sachem St, Norwich, CT 06360, USA

We will do another Art drawing follow along with Jul's, come relax with some of your peers after a long week and unwind with some art, we will brown bag our dinner, this program is an easy follow along step by step and help if needed, see you there!

Saturday, February 7, 2026

Pancake Breakfast

Sat 2/7/2026 8:00 AM - 9:30 AM

Location: 722 Colonel Ledyard Hwy, Ledyard, CT 06339, USA

We will attend the Ledyard Congregational Church for their pancake breakfast, the cost for this is 10.00, come support a local church in our community

Friday, February 13, 2026

Sister Act

Fri 2/13/2026 7:00 PM - 9:30 PM

Location: 611 Norwich Ave., Colchester

We will be going to Colchester Community Theatre at Bacon Academy to see Sister Act (tickets are limited) the cost for a ticket is 19.65, eat at home

Saturday, February 14, 2026

Dandelion Dreams Art Studio

Sat 2/14/2026 8:00 AM - 8:30 AM

Location: 50 Pleasant St (50 Pleasant St, Norwich, Connecticut, 06360, United States)

all be outlined for you, you will just need to paint it how you would like it, light snacks will be provided, you can bring your favorite drink if you choose to, the cost for this will be 37.00, this is a new studio which has allowed us to come and take part, let's see if this is something we could continue maybe on a regular or every other month.

Wednesday, February 18, 2026

■ Self Advocacy

Wed 2/18/2026 6:00 PM - 7:00 PM

Friday, February 20, 2026

■ Norwich Free Wildcats

Fri 2/20/2026 7:00 PM - 9:30 PM

Location: 267 Slater Ave., Jewett City

We will be going to the Griswold High School in Jewett City to watch the Griswold Wolverines VS Norwich Free Wildcats boys Varsity Basketball game

Saturday, February 21, 2026

■ Tantaquidgeon Museum

Sat 2/21/2026 11:00 AM - 1:30 PM

Location: 1819 Norwich-New London Turnpike, Uncasville

This is the oldest Native American-owned and operated museum in the United States, admission is free to all, I have scheduled a tour for 11:00, we will brown bag our lunch

Wednesday, February 25, 2026

■ Fit Five-Special Olympics

Wed 2/25/2026 5:30 PM - 6:30 PM

Let's continue our journey to be healthy athletes, come share your successes and challenges, each week we will share material to help you be the best conditioned athlete you can be.

Friday, February 27, 2026

■ Dance Without Limits

Fri 2/27/2026 6:00 PM - 8:00 PM

Location: East Lyme, 41 Society Road, Niantic, CT

We will attend the (Valentines) Dance without Limits in collaboration with Town of Groton Parks and Recreation, 5.00 to attend, includes entrance, pizza, cookie and water, 3.00 for guests not eating, no outside food permitted

Saturday, February 28, 2026

■ Cooking Club

Sat 2/28/2026 10:00 AM - 12:30 PM

Location: 52 Scared Heart Drive, Groton