



Access your wellness benefits and resources in one central hub

Support for your mind, body, and wallet® with GuardianWell™

Many employees like you are balancing a lot between both your work and personal life. When challenges arise, we want to help ease the burden by making it simpler to prioritize well-being, for you and your loved ones.

GuardianWell is your easy-to-navigate hub for all of your Guardian wellness benefits, along with insightful resources to help support your mental, physical, and financial well-being.

Whether you're starting a family, trying to build healthier habits, caring for a loved one, working on your fitness journey, or planning your retirement, the wellness benefits and resources within GuardianWell can help you.

Because when you know what's available to you, you're more likely to leverage these resources when you need them.

To activate your account, simply:

- 1 Go to guardianwell.com and log in. If you already registered for Guardian's online self-service portal, Guardian Anytime, you can use your same login credentials. If you have not registered, you will be prompted to register.
- 2 Follow the registration prompts to review and accept the terms and conditions, then fill out the employee registration fields.
- 3 Once complete, you will be prompted to log in using the username and password that you created.



Go to guardianwell.com to start accessing your wellness benefits and resources to support yourself and your loved ones.