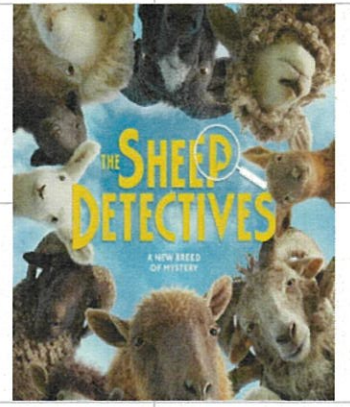
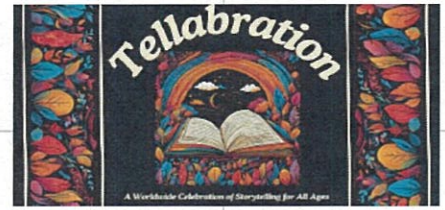
November 2026

The Arc Eastern Connecticut

Sherri Dosithee 860-334-7497 sdosithee@thearcect.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 	4 5PM-6PM Voices 6PM-7PM Men's Group		6 6PM-8PM Dance Without Limits Sports Night	7 10AM-1PM Pandemonium Rainforest Project
8 		10	11 5:30PM-6:30PM Fit-Five Special Olympics		13 6PM-8:30PM Movie Night	14 11AM-1PM Tellabration 'Celebrate the Constitution'
15 		17	18 5:30PM-7PM Self-Advocacy at Sachem St	19 	20 6PM-8PM No Escape	21 11AM-1PM Friendsgiving Potluck
22		24 	25			28 10AM-12PM GNACC Holiday Bazaar
29 	30				December 4th Let There Be Light	December 5th Hartford Marathon Foundation Norwich
						