

Community Life Calendar

Mon Jul 1, 2024

5pm - 7pm Cruise Night

Where: Ocean Beach Park, 98 Neptune Ave, New London, CT 06320, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are going to Ocean Beach for their weekly Cruise Night event. We will look at all the vehicles on display, listen to music and grab a bite to eat. Please bring a chair, apply sunscreen and bring a light jacket or sweater in case it is cold. If you choose to buy your dinner at this event we suggest at least \$25.00. You may also brown bag your dinner. Sign up for this event if you wish to attend.

Tue Jul 2, 2024

5:30pm - 6:30pm Fit Five- Special Olympics

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Since we can not meet weekly in person for our Special Olympics Sports Program , let's continue our journey to be healthy until we start our practices in person. Come share your successes and challenges to eat healthy and exercise. Each week we will share material to help you be the best conditioned athlete you can be. This program will also include some type of physical movement. Sign up for this program and we will send you a link to attend.

Wed Jul 3, 2024

5pm - 7pm Ledyard Farmers Market

Where: Ledyard Lower Town Green

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are going to the Farmers Market where you can support local vendors from your community. You can shop, eat, listen to music and meet your neighbors. Please bring at least \$30.00 for your purchases and dinner. Sign up for this program if you wish to attend.

Thu Jul 4, 2024

All day Arc Holiday Happy Fourth Of July

Thu Jul 4, 2024

Calendar: Community Life Calendar

Created by: Debbie Densmore

Fri Jul 5, 2024

All day No program

Fri Jul 5, 2024

Calendar: Community Life Calendar

Created by: Debbie Densmore

Sat Jul 6, 2024

2pm - 6:30pm Volunteers Needed

Where: New London

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are looking for Volunteers to help with food prepping and sorting at a community event to help those less fortunate. We will eat at the event. Sign up for this program if you wish to volunteer.

Community Life Calendar

Mon Jul 8, 2024

5pm - 7:30pm Rotary Party

Where: Camp Oakdale Pavilion, 866 CT-163, Oakdale, CT 06370, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

The Montville Rotary Club is hosting a Cookout. There will be food, music and crafts. Come enjoy a fun night hosted by a great group of people. Sign up for this event if you wish to attend.

Tue Jul 9, 2024

5:30pm - 6:30pm Fit Five- Special Olympics

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Since we can not meet weekly in person for our Special Olympics Sports Program , let's continue our journey to be healthy until we start our practices in person. Come share your successes and challenges to eat healthy and exercise. Each week we will share material to help you be the best conditioned athlete you can be. This program will also include some type of physical movement. Sign up for this program and we will send you a link to attend.

Fri Jul 12, 2024

6pm - 8pm Card Writing/ Envelope Addressing

Where: 52 Sacred Heart Dr, Groton, CT 06340, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Some people like to receive a card or note in the mail so we are going to write out a few cards/notes and get them ready for you to put in the mail. We will have examples of things to say in your card/note if you are not sure what to write. We will review how to address an envelope. Please bring at least 3 peoples addresses you would like to mail a note/card out to. We will brown bag our dinner. Sign up for this program if you wish to attend.

Sat Jul 13, 2024

7:30am - 2pm Volunteer- Shagbark Grill Crazy Event

Where: 21 Mt Parnassus Rd, East Haddam, CT 06423, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are looking for Volunteers who wish help us at an Arc table at this event. We are going to break this event up into two shifts as this is a long event. Please bring your breakfast/ lunch to have on your shift. Don't forget to wear your Volunteer shirt. Sign up for this program if you wish to volunteer.

Tue Jul 16, 2024

5pm - 6:30pm Supper Club- Taco Tuesday

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are bringing back a popular program as requested by many. The purpose of this program is for folks to get together, share a fun night with your friend's and experience foods of different cultures. The theme of this event is Tacos. Please bring a side dish or dessert to share. We will have the fixing for tacos. Sign up for this program if you wish to attend.

Community Life Calendar

Wed Jul 17, 2024

6pm - 7pm Self Advocacy

Where: ZOOM

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Come join our Self Advocacy Group. Self Advocacy teaches us how to make decisions and choices that affect our lives so we can be more independent. You will learn how to speak up for what you believe in, take responsibility for your life, learn to ask questions and how to solve problems. Sign up for this program and we will send you a link to attend.

Fri Jul 19, 2024

6pm - 8pm Drum Circle Harkness

Where: 301 Great Neck Rd, Waterford, CT 06385, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We will be joining Infinity Music Therapy for a program on music drumming around a campfire. Please bring a chair and brown bag dinner to enjoy after the music program. Sign up for this program if you wish to attend. Remember to bring a light jacket or sweatshirt as it may be cooler by the water.

Sat Jul 20, 2024

7:30am - 9:30am Volunteers L&M Stride Race

Where: New London, CT, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are volunteering for a road race with the Hartford Marathon Foundation. Please wear your Volunteer Shirt, bring your water and apply sunscreen. Sign up for this program if you wish to attend.

Fri Jul 26, 2024

6pm - 8pm Buttonwoods Sunflowers for Wishes- Ice Cream

Where: 473 Shetucket Turnpike, Griswold, CT 06351, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are going to Buttonwoods Farm to get ice cream and support a great fundraiser called Make A Wish Foundation of CT. Sunflowers cost \$3.00 each. We would like everyone to bring at least \$9.00 to purchase their sunflowers as donation to the cause. We suggest you bring at least \$15.00 for your ice cream. Sign up for this program if you wish to support a good cause and enjoy delicious ice cream.

Sat Jul 27, 2024

11:30am - 2pm Movies

Where: Local Movie Theaters

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

A favorite CL&A program is going to the movies with their friends. As of this writing the movie schedule for this day is not available but we will take a vote on what everyone would like to see when it does come out. Cost for your movie and snack will be about \$30.00. This cost will be dependent what you get for your snacks. Sign up for this program if you wish to attend.

Community Life Calendar

Mon Jul 29, 2024

5pm - 6pm Voices

Where: 125 Sachem St, Norwich, CT 06360, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

This is a group for women only. This is a self empowerment group for women to meet, share and talk about the challenges, successes and all that make them strong. If you would like to attend this program sign up.

Tue Jul 30, 2024

6pm - 7pm Men's group

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

This program is offered to men only. It will act as a support group for men to talk about their strengths, successes and challenges. Come to this group and support each other. Sign up and we will send you a link to attend.

Thu Aug 1, 2024

5:15pm - 6:15pm Pasta Dinner Lions Club

Where: Taftville, Norwich, CT, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are going to a dinner to support the Lions Club. There will be pasta, salad, bread and a beverage included in the price. Cost to attend is \$8.00, however please bring an additional \$2.00 as a donation to the Lions Club so you should bring a total of \$10.00. Sign up for this program if you wish to attend.

Fri Aug 2, 2024

All day No program

Fri Aug 2, 2024

Calendar: Community Life Calendar

Created by: Debbie Densmore

Sat Aug 3, 2024

11am - 12pm Huntington Homestead Museum/ The Edward Waldo Home

Where: 36 Huntington Rd, Scotland, CT 06264, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are going to visit 2 museums. The Huntington Homestead is the birthplace of Samuel Huntington who was one of the signers of the Declaration of Independence. The other historical place we are going to visit is the Waldo House. This museum offers a glimpse into the past in CT. After our visit to the museums we will be going out to lunch and suggest that you bring at least \$25.00 for your lunch. Sign up for this program if you wish to attend.