

Community Life Calendar

Fri May 3, 2024

6pm - 8:30pm Tanger Outlets- Foxwoods

Where: Tanger Outlets Foxwoods, 455 Trolley Line Blvd, Mashantucket, CT 06338, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Come spend a Friday night out with your friends as we shop at Tanger Outlets (Foxwoods). Look through the stores to find out what is new for a Spring refresh. We will be grabbing a bite to eat along our way. We suggest at least \$40.00 to eat and shop. PLEASE NOTE THIS PROGRAM REQUIRES A LOT OF WALKING. Sign up for this program if you wish to attend.

Sat May 4, 2024

11am - 1:30pm Trumbull House & Wadsworth Stable

Where: 169 W Town St, Lebanon, CT 06249, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We will be going to the Governor Jonathan Trumbull House and Wadsworth Stable Museum in Lebanon. Jonathan Trumbull was CT's first Governor. He helped get supplies that were much needed in the Revolutionary War. Cost to get into the museum is a \$5.00 donation. We will stop for lunch before our visit. We suggest at least \$20.00 for your lunch. Sign up for this program if you wish to attend.

Mon May 6, 2024

6pm - 7pm Men's group

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

This program is offered to men only. It will act as a support group for men to talk about their strengths, successes and challenges. Come to this group and support each other. Sign up and we will send you a link to attend.

Tue May 7, 2024

5:30pm - 6:30pm Fit Five- Special Olympics

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Since we can not meet weekly in person for our Special Olympics Sports Program, let's continue our journey to be healthy until we start our practices in person. Come share your successes and challenges to eat healthy and exercise. Each week we will share material to help you be the best conditioned athlete you can be. This program will also include some type of physical movement. Sign up for this program and we will send you a link to attend.

Fri May 10, 2024

6pm - 8pm Care packages

Where: 125 Sachem St, Norwich, CT 06360, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We have some personal hygiene items that were donated and want to put together some care packages to pass out to a few groups in our community that are in need. If you want to help us put these packages together, sign up for this program. We will brown bag our dinner.

Community Life Calendar

Sat May 11, 2024

1pm - 3pm Be Happy Festival

Where: Lion's Park, Plainfield, CT 06374, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are attending an educational and enlightened program hosted by local wellness professionals. This program will support all aspects of our life from mental, physical, spiritual and nutritional. There will be games, activities, fitness expos and more. Cost to get into the event is free. PLEASE BRING SOME TYPE OF NON PERISHABLE FOOD FOR A DONATION INTO THE EVENT. We will eat our lunch at the event or stop for a quick bite to eat. We suggest at least \$20.00 for your lunch. Sign up for this program if you wish to attend.

Tue May 14, 2024

All day No Program Staff Development

Tue May 14, 2024

Calendar: Community Life Calendar

Created by: Debbie Densmore

Wed May 15, 2024

6pm - 7pm Self Advocacy

Where: ZOOM

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Come join our Self Advocacy Group. Self Advocacy teaches us how to make decisions and choices that affect our lives so we can be more independent. You will learn how to speak up for what you believe in, take responsibility for your life, learn to ask questions and how to solve problems. Sign up for this program and we will send you a link to attend.

Fri May 17, 2024

6pm - 8pm Carly's Critters

Where: 5 Blueberry Ln, Lisbon, CT 06351, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are going to a local mini farm to have some fun with the baby goats and other animals on the farm. Cost to attend is \$20.00. We have a limited number of spots reserved for this event so get your sign up sheet in early. After engaging with the animals we will find a nice spot to have our brown bag dinner. Sign up for this program if you wish to attend.

6:45pm - 8:45pm Disney's Newsies

Where: Windham Theatre Guild, 779 Main St, Willimantic, CT 06226, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are attending a play called Disney Newsies JR. The cost for your ticket will be \$15.00 plus any charges that may apply for getting the tickets online. This fee varies and is usually 2 or 3 extra dollars. Tickets have not been purchased so if you would like to attend the show your money needs to come to the office by May 9th. Anyone that has not paid for their ticket (in person) by May 9th will not be able to attend. We will eat our dinner at home. You may bring money for a snack during intermission. Sign up and pay for your ticket if you wish to attend.

Community Life Calendar

Sat May 18, 2024

9am - 11am Volunteers Needed

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are looking for Volunteers who would like to partner with us and Reliance Health to clean up a local neighborhood. This program requires a lot of walking on uneven terrain. We will have gloves and other tools for you to use. Please bring some water to stay hydrated and apply sunscreen. Sign up for this program if you wish to volunteer. We will eat our lunch at home.

Sun May 19, 2024

7am - 10:30am Volunteers Mystic Half Marathon

Where: Mystic, CT, 2 Roosevelt Avenue U, US-1, Mystic, CT 06355, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are seeking Volunteers who wish to assist us the Hartford Marathon Foundation Road Race. This is a very fast paced event and early morning start. Sign up for this event if you wish to volunteer.

Tue May 21, 2024

5:30pm - 6:30pm Fit Five- Special Olympics

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Since we can not meet weekly in person for our Special Olympics Sports Program , let's continue our journey to be healthy until we start our practices in person. Come share your successes and challenges to eat healthy and exercise. Each week we will share material to help you be the best conditioned athlete you can be. This program will also include some type of physical movement. Sign up for this program and we will send you a link to attend.

Fri May 24, 2024

6pm - 7:30pm Game Night

Where: Chase Manor I Apartments, 85 Norman Rd, Norwich, CT 06360, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We have been asked to go back and spend a night hanging out with our friends at Chase Manor. We will be putting together a fun game night. We will have several games to choose from. Please bring a snack to share with everyone. We will eat our dinner at home. Sign up for this program if you wish to attend.

Sat May 25, 2024

All day No Program- Enjoy Your Holiday weekend

Sat May 25, 2024

Calendar: Community Life Calendar

Created by: Debbie Densmore

Mon May 27, 2024

All day Arc Holiday

Mon May 27, 2024

Calendar: Community Life Calendar

Created by: Debbie Densmore

Community Life Calendar

Tue May 28, 2024

5pm - 6pm **Voices**

Where: 125 Sachem St, Norwich, CT 06360, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

This is a group for women only. This is a self empowerment group for women to meet, share and talk about the challenges, successes and all that make them strong. If you would like to attend this program sign up.

Thu May 30, 2024

5:15pm - 8:45pm **Bingo- Groton Elks Lodge**

Where: Elks Lodge 2163, 700 Shennecossett Rd, Groton, CT 06340, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are going to play bingo at the Elks Lodge. As of this writing we are unsure of the bingo sheets pricings so we suggest you bring at least \$25.00. There is a limited number of food items you can purchase at an additional cost, so please bring extra money if you wish to eat there. Sign up for this program if you wish to attend.

Fri May 31, 2024

6am - 8am **Baking**

Where: 125 Sachem St, Norwich, CT 06360, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We will be learning how to bake a special treat. We will have all supplies needed and we will give you a copy of the recipe to take home. We will brown bag dinner. Sign up for this program if you wish to attend.

Sat Jun 1, 2024

9:30am - 1:30pm **GNACC Duck Race- Volunteers Needed**

Where: Yantic Volunteer Fire Department, 151 Yantic Rd, Yantic, CT 06389, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We will be helping with the GNACC Duck Race Fundraiser. This year the proceeds from the Duck Race will be supporting the Madonna Place as well as the GNACC Chamber. Our group will have several assignments including a game table for the children who attend the event. There will be food available to purchase your lunch. We suggest at least \$20 for your lunch. Sign up for this program if you wish to volunteer.