











# JULY

Debbie Densmore 860-889-4435 X108  
Email: [ddensmore@thearcct.org](mailto:ddensmore@thearcct.org) Fax: 860-889-4462

| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday |
|---|--|--|---|--|---|----------|
| Jun 30<br>5:00 PM - 7:00 PM Cruise Night  | 1<br>5:30 PM - 6:30 PM Fit Five-Special Olympics   | 2<br>5:00 PM - 7:00 PM Ledyard Farmers Market  | 3<br>Arc Holiday Happy Fourth Of July<br><br>Happy 4th!                    | 4<br>No program  | 5<br>2:00 PM - 6:30 PM Volunteers Needed<br> | 6        |
| 7<br>5:00 PM - 7:30 PM Rotary Party   | 8<br>5:30 PM - 6:30 PM Fit Five-Special Olympics   | 9  | 10  | 11<br>6:00 PM - 8:00 PM Card Writing/ Envelope Addressing<br> | 12<br>7:30 AM - 2:00 PM Volunteer- Shagbark Grill Crazy Event   | 13       |
| 14<br><br><b>IT'S SUMMER!</b> | 15<br>5:00 PM - 6:30 PM Supper Club- Taco Tuesday<br> | 16<br>6:00 PM - 7:00 PM Self Advocacy<br>   | 17  | 18<br>6:00 PM - 8:00 PM Drum Circle Harkness<br>              | 19<br>7:30 AM - 9:30 AM Volunteers L&M Stride Race  | 20       |
| 22  | 23   | 24   | 25<br>6:00 PM - 8:00 PM Buttonwoods Sunflowers for Wishes- Ice Cream<br> | 26<br>11:30 AM - 2:00 PM Movies<br>                          | 27  | 28       |
| 28<br>5:00 PM - 6:00 PM Voices  | 29<br>6:00 PM - 7:00 PM Men's group<br>             | 30   | 31  | Aug 1  | 2   | 3        |
| 4   | 5<br>Notes   | <div data-bbox="1171 1382 1990 1490" data-label="Text"> <p>The CL&amp;A Dept now has an after-hours cell phone. Please call <b>860-449-3893</b> during evenings and weekends.</p> </div> |   |  |   |          |