

## Community Life Calendar

Tue Apr 2, 2024

### 5:30pm - 6:30pm Fit Five- Special Olympics

**Where:** Zoom

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

Since we can not meet weekly in person for our Special Olympics Sports Program , let's continue our journey to be healthy until we start our practices in person. Come share your successes and challenges to eat healthy and exercise. Each week we will share material to help you be the best conditioned athlete you can be. This program will also include some type of physical movement. Sign up for this program and we will send you a link to attend.

Fri Apr 5, 2024

### 5:30pm - 9pm The Little Mermaid- Plainfield Drama

**Where:** Plainfield High School, 105 Putnam Rd, Central Village, CT 06332, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

We will be attending the Little Mermaid play. Cost to attend is \$15.00 plus you need to bring at least 2 canned goods for a donation. There will be a limited number of choices to get something to eat before the show. We suggest you bring at least \$15.00 for your dinner and snacks. THIS IS A PREPAID EVENT. YOU MUST BRING THE MONEY FOR YOUR TICKET TO THE OFFICE WHEN YOU SIGN UP FOR THIS EVENT for this event if you wish to attend.

Sat Apr 6, 2024

### 2:30pm - 6:30pm Volunteers

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

We are looking for Volunteers who want to assist us with feeding those that are less fortunate than us. Sign up for this event if you wish to volunteer.

Tue Apr 9, 2024

### All day Staff Development- No program

Tue Apr 9, 2024

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

Fri Apr 12, 2024

### 6pm - 8:30pm Cupcake Making

**Where:** 125 Sachem St, Norwich, CT 06360, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

Come to this program and help us make some cupcakes that we will donate to an organization called Brady Brigade. This is a support group for children with all types of Special Needs. This group will be having a late Easter gathering and we will be donating these cupcakes to their Easter gathering. We will bring our dinner. Sign up for this program if you wish to attend.

## Community Life Calendar

Sat Apr 13, 2024

### 11am - 4pm Volunteer

**Where:** Loos Center for the Arts, 150 CT-169, Woodstock, CT 06281, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

We are looking for Volunteers who would like to help us sell our Cookies at the Woodstock Business Expo. There will be food trucks available for you to purchase your lunch. Please note that the time of the event ending may change if we sell out of our cookies before the event is over. Sign up if you would like to Volunteer with us.

Tue Apr 16, 2024

### 5:30pm - 6:30pm Fit Five- Special Olympics

**Where:** Zoom

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

Since we can not meet weekly in person for our Special Olympics Sports Program , let's continue our journey to be healthy until we start our practices in person. Come share your successes and challenges to eat healthy and exercise. Each week we will share material to help you be the best conditioned athlete you can be. This program will also include some type of physical movement. Sign up for this program and we will send you a link to attend.

Wed Apr 17, 2024

### 6pm - 7pm Self Advocacy

**Where:** ZOOM

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

Come join our Self Advocacy Group. Self Advocacy teaches us how to make decisions and choices that affect our lives so we can be more independent. You will learn how to speak up for what you believe in, take responsibility for your life, learn to ask questions and how to solve problems. Sign up for this program and we will send you a link to attend.

Fri Apr 19, 2024

### 6pm - 8pm Meet & Greet Event Planning Meeting

**Where:** 125 Sachem St, Norwich, CT 06360, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

We have many folks who are looking to meet some new people so we decided to you make you part of the process. We are getting together to plan an event where people can come together and meet some new people. The type of event and all the details will be started and future meetings will take place before the event. This is your opportunity to be part of the event. Come share your ideas for a theme, music, decorations and more. We will brown bag our dinner. Sign up for this program if you wish to attend.

## Community Life Calendar

Sat Apr 20, 2024

### 11am - 1pm Volunteer- Giving Garden

**Where:** The Giving Garden at Coogan Farm, 162 Greenmanville Ave, Mystic, CT 06355, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

We are volunteering to help the Craig Floyd Giving Garden. The food that is grown at the garden is donated to the Gemma Moran United Way Labor/ Food Center. Thousands of pounds of fresh produce is produced from this garden each year. We will be raking, pulling weeds and doing general garden clean up to help with the growing season. Please wear clothing that is appropriate for working outdoors. After we give back to the community we will be stopping for a quick bite to eat for lunch. We suggest at least \$20.00 for lunch. Sign up for this program if you enjoy this type of activity and want to volunteer.

Mon Apr 22, 2024

### 6pm - 7pm Men's group

**Where:** Zoom

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

This program is offered to men only. It will act as a support group for men to talk about their strengths, successes and challenges. Come to this group and support each other. Sign up and we will send you a link to attend.

Tue Apr 23, 2024

### 5pm - 6pm Voices

**Where:** 125 Sachem St, Norwich, CT 06360, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

This is a group for women only. This is a self empowerment group for women to meet, share and talk about the challenges, successes and all that make them strong. If you would like to attend this program sign up.

Fri Apr 26, 2024

### 5:45pm - 8:15pm Team Trivia

**Where:** Dance Country, 1666 CT-12, Gales Ferry, CT 06335, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

Let's get a team together and have a fun night playing trivia with other people in your community. Prizes will be awarded to the top three teams. Cost to attend is \$10.00. PLEASE HAVE THE EXACT CHANGE AVAILABLE. We are going to brown bag our dinner. A dessert will be provided. Sign up for this program if you wish to attend.

Sat Apr 27, 2024

### 8:30am - 11:30am Volunteers Needed

**Where:** Rotary Park, Putnam, CT 06260, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

We are looking for Volunteers who would like to assist us with the Annual Putnam Beautification Day. We will be walking around cleaning up trash in the public areas. THIS PROGRAM REQUIRES A LOT OF WALKING. We will have a light lunch after the event. Please wear your volunteer shirt and dress in layers as you will be outside the whole day. Sign up to Volunteer.

## Community Life Calendar

Tue Apr 30, 2024

### 5:30pm - 6:30pm Fit Five- Special Olympics

**Where:** Zoom

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

Since we can not meet weekly in person for our Special Olympics Sports Program , let's continue our journey to be healthy until we start our practices in person. Come share your successes and challenges to eat healthy and exercise. Each week we will share material to help you be the best conditioned athlete you can be. This program will also include some type of physical movement. Sign up for this program and we will send you a link to attend.

Fri May 3, 2024

### 6pm - 8:30pm Tanger Outlets- Foxwoods

**Where:** Tanger Outlets Foxwoods, 455 Trolley Line Blvd, Mashantucket, CT 06338, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

Come spend a Friday night out with your friends as we shop at Tanger Outlets (Foxwoods). Look through the stores to find out what is new for a Spring refresh. We will be grabbing a bite to eat along our way. We suggest at least \$40.00 to eat and shop. PLEASE NOTE THIS PROGRAM REQUIRES A LOT OF WALKING. Sign up for this program if you wish to attend.

Sat May 4, 2024

### 11am - 1:30pm Trumbull House & Wadsworth Stable

**Where:** 169 W Town St, Lebanon, CT 06249, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

We will be going to the Governor Jonathan Trumbull House and Wadsworth Stable Museum in Lebanon. Jonathan Trumbull was CT's first Governor. He helped get much needed supplies that were needed in the Revolutionary War. Cost to get into the museum is a \$5.00 donation. We will stop for lunch before our visit. We suggest at least \$20.00 for your lunch. Sign up for this program if you wish to attend.