

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	Oct 31 5:00 PM - 6:00 PM Voices	1	2	3 6:00 PM - 7:30 PM Why You Should not Gossip	4 10:00 AM - 11:00 AM Mindfulness Morning Walk
5	6	7 No program Staff Development VOTING DAY- HEAD TO YOUR LOCAL POLLS TO BE HEARD	8	9	10 6:00 PM - 8:00 PM Bingo/ Friendsgiving	11 11:00 AM - 1:00 PM Preston Farm Corn Maze
12 6:00 PM - 7:00 PM Men's group	13	14 5:30 PM - 6:30 PM Fit Five- Special Olympics	15 6:00 PM - 7:00 PM Self Advocacy	16	17 6:00 PM - 8:00 PM Groton Parks Sock Hop	18 8:30 AM - 3:00 PM Otis Festival
19	20	21 5:30 PM - 6:30 PM Fit Five- Special Olympics	22	23 Thanksgiving - Arc Holiday	24 Arc Holiday	25 No program
26	27	28 5:00 PM - 6:00 PM Voices	29	30	Dec 1 5:30 PM - 6:30 PM How We Keep Ourselves Clean	2 8:00 AM - 11:30 AM Volunteers Needed- Norwich Winterfest
3	4	Notes				