

Jack O'Keefe Memorial Strides

5K

Overall Finish List

October 01, 2023

Results by *SNERRO* (www.snerro.com) Using MyLaps BibTags [SNERRO,LLC](#)

Total

<u>Time</u>	<u>Place</u>	<u>Name</u> <u>Pace</u>	<u>City</u>	<u>Bib No</u>	<u>Gender</u>	<u>Age Group</u>
16:17.3	1	Christopher Helminski 5:15/M	Waterford Ct CT	501	M	1:Open
19:10.3	2	Christopher Grasso 6:11/M	Mystic CT	438	M	1:40-49
19:34.7	3	Brayden Zeldis 6:19/M	Milton MA	409	M	1:12-17
20:27.8	4	Cindy Ouillette 6:36/M	Moosup CT	330	F	1:Open
21:44.8	5	Jonathan Choiniere 7:01/M	Jewett City CT	543	M	1:18-39
22:06.2	6	Tommy Pingel 7:08/M	Glastonbury CT	482	M	2:12-17
22:42.3	7	Tracy Montoya 7:19/M	Waterford Ct	540	M	1:50-59
22:42.9	8	Thomas J Sullivan 7:20/M	Groton CT	372	M	2:50-59
23:13.3	9	Colleen Hardison 7:29/M	Waterford Ct	541	F	1:18-39
23:15.7	10	Kathryn Cawley 7:30/M	New London Ct	370	F	2:18-39
23:32.8	11	Anthony Occhialini 7:36/M	Waterford CT	389	M	2:18-39
23:48.5	12	Anna Dubiel 7:41/M	Rocky Hill CT	407	F	1:40-49
24:28.1	13	Kevin Goldstein 7:54/M	Deep River CT	491	M	2:40-49
24:33.1	14	Dylan Cahill 7:55/M	Sterling VA	333	M	3:18-39
24:49.5	15	Pamela Porter 8:00/M	Mystic CT	465	F	1:60-69
25:06.2	16	Thomas Brisco 8:06/M	Putnam CT	395	M	4:18-39
25:07.9	17	Isaac Zeldis 8:06/M	Milton MA	411	M	3:40-49

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18 25:30.0	Eugene Ryan 8:14/M	Waterford CT	420	M	1:60-69
19 25:41.3	Caire Leatham 8:17/M	Wyoming RI	405	F	1:50-59
20 25:42.9	Stephen Hunt 8:18/M	Avon CT	353	M	3:50-59
21 25:54.4	Denise Descheneaux 8:21/M	Groton CT	492	F	2:50-59
22 26:01.2	Scott Sanford 8:24/M	Cromwell CT	305	M	2:60-69
23 26:03.5	Debra Malavenda 8:24/M	North Franklin CT	437	F	3:50-59
24 26:14.6	Logan Poirier 8:28/M	Colchester CT	352	M	1: 1-11
25 26:25.7	Nick Poirier 8:32/M	Colchester CT	349	M	4:40-49
26 26:32.1	Sarah Smelstor 8:34/M	Enfield Ct	497	F	3:18-39
27 26:51.6	Grace Egan 8:40/M	Groton CT	381	F	1: 1-11
28 27:34.4	Timothy Sanford 8:54/M	Cromwell CT	306	M	5:18-39
29 27:38.5	Sean Freeland 8:55/M	Waterford Ct	532	M	6:18-39
30 27:40.3	Susan Smith 8:56/M	New London CT	398	F	2:60-69
31 27:48.4	Giulianna Spinnato 8:58/M	Waterford CT	471	F	4:18-39
32 27:57.1	Reb Mariano 9:01/M	New London CT	458	M	7:18-39
33 27:59.0	Laura Burchell 9:02/M	East Lyme CT	390	F	4:50-59
34 28:17.7	Deirdre Ahern 9:08/M	Salem CT	463	F	5:50-59
35 28:43.2	Robert Stacy 9:16/M	Mystic CT	399	M	3:60-69
36 28:54.5	Bob Logano 9:20/M	North Haven CT	472	M	4:60-69
37 28:58.3	Findley Shippee 9:21/M	Moosup CT	454	M	2: 1-11
38 29:08.9	Sebastian Deleon-Aubrey 9:24/M	Mansfield Center C	464	M	8:18-39
39 29:23.1	Toby Cormier 9:29/M	Niantic CT	332	M	5:60-69
40 29:45.2	Nicole Barile 9:36/M	Norwich CT	490	F	2:40-49
41 29:47.5	Colton Sylvia 9:37/M	Ledyard CT	498	M	9:18-39
42 30:15.4	Henry Proctor 9:46/M	East Lyme CT	435	M	3: 1-11
43 30:27.4	Matthew Desaulnier 9:50/M	Danielson CT	493	M	5:40-49
44 30:31.2	Blondie Serna 9:51/M	Norwich CT	334	F	5:18-39

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45 30:34.2	Elizabeth Sharp 9:52/M	Putnam CT	393	F	6:50-59
46 30:56.4	Anna Carbone-Harms 9:59/M	Norwich CT	371	F	6:18-39
47 31:03.4	Michael Didato 10:01/M	Waterford CT	431	M	6:60-69
48 31:40.2	James Proctor 10:13/M	East Lyme CT	434	M	10:18-39
49 31:45.9	Robert Alling 10:15/M	Ledyard CT	318	M	1:70-99
50 32:03.3	Damien Egan 10:20/M	Groton CT	382	M	6:40-49
51 32:05.8	Susan Hayes 10:21/M	Newington CT	363	F	7:50-59
52 32:17.4	Danielle Spivack 10:25/M	Salem CT	418	F	7:18-39
53 33:10.9	Ben Toth 10:42/M	New London CT	430	M	11:18-39
54 33:14.1	Lily Ouillette 10:43/M	Moosup CT	327	F	1:12-17
55 33:19.7	Paula Archer 10:45/M	Oakdale CT	416	F	3:60-69
56 33:53.9	Fiona Zeldis 10:56/M	Milton MA	408	F	2: 1-11
57 34:02.0	Kerri Zeldis 10:59/M	Milton MA	410	F	3:40-49
58 34:04.7	Peggy Pelland 11:00/M	Mystic CT	534	F	4:60-69
59 34:30.5	David Isa 11:08/M	Putnam CT	392	M	12:18-39
60 34:37.0	Dylan Toth 11:10/M	New London CT	428	M	4: 1-11
61 35:35.2	June Norton 11:29/M	Waterford CT	314	F	3: 1-11
62 35:35.7	Jill Norton 11:29/M	Quaker Hill CT	312	F	4:40-49
63 35:36.8	Jonathan Norton 11:29/M	Waterford CT	313	M	7:40-49
64 35:51.4	Grace Sanford 11:34/M	Cromwell CT	308	F	8:18-39
65 36:10.9	Colleen Proctor 11:40/M	East Lyme CT	433	F	9:18-39
66 36:35.0	Bobbi Jo Ramsey 11:48/M	Taftville CT	366	F	10:18-39
67 36:51.3	Charles Coiro 11:53/M	Quaker Hill CT	364	M	4:50-59
68 37:04.3	Jennifer Rowland 11:58/M	Old Lyme CT	345	F	5:40-49
69 37:04.3	Scott Julius 11:58/M	Old Saybrook CT	488	M	5:50-59
70 37:15.8	Tanya Deveau 12:01/M	Niantic CT	346	F	8:50-59
71 37:19.1	Janit Romayko 12:02/M	East Hartford CT	476	F	1:70-99

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72 37:51.2	Cayla Sanford 12:13/M	Cromwell CT	307	F	11:18-39
73 38:19.0	Patricia Phillips 12:22/M	Niantic CT	432	F	2:70-99
74 38:38.6	Clem McGrath 12:28/M	Colchester CT	391	M	2:70-99
75 39:06.0	Philip Maniscalco 12:37/M	Westerly RI	533	M	3:70-99
76 39:22.2	Maggie Rose 12:42/M	West Hartford CT	422	F	3:70-99
77 40:10.6	Paula Ramsey 12:58/M	Taftville CT	365	F	6:40-49
78 40:14.9	Samantha Walsh 12:59/M	Norwalk CT	397	F	7:40-49
79 40:15.1	Richard Walsh 12:59/M	East Lyme CT	362	M	4:70-99
80 41:37.2	Karina Julius 13:26/M	Old Saybrook CT	489	F	9:50-59
81 43:12.9	Diane Cain 13:56/M	North Stonington C	316	F	5:60-69
82 44:36.3	Marisol Moody 14:23/M	Mystic Ct CT	368	F	6:60-69
83 45:17.7	Kristen Sullivan 14:37/M	Groton CT	549	F	10:50-59
84 45:46.7	Edna MacPhard 14:46/M	Niantic CT	550	F	4:70-99
85 46:04.9	Stacey Blanchette 14:52/M	Glastonbury CT	484	F	8:40-49
86 46:05.6	Cara Chiakevine 14:52/M	Zip Not Provided C	546	F	9:40-49
87 46:28.2	Douglas Tiffany 14:59/M	Salem CT	384	M	7:60-69
88 46:28.4	Edwina Callaghan 14:59/M	Salem CT	383	F	5:70-99
89 46:47.3	Kim Daly 15:06/M	Waterford CT	310	F	11:50-59
90 47:59.8	Thomas J Sullivan Sr. 15:29/M	Groton CT	373	M	5:70-99
91 48:15.0	James Daly 15:34/M	Fairfield CT	323	M	13:18-39
92 48:34.7	Laura Hunt 15:40/M	Avon CT	354	F	7:60-69
93 49:22.0	Landon Shippee 15:55/M	Moosup CT	453	M	5: 1-11
94 49:30.4	Joseph Lafrance 15:58/M	Moosup CT	451	M	6:70-99
95 49:31.0	Scott Lafrance 15:58/M	Moosup CT	452	M	8:40-49
96 50:45.7	Tracy Zenzen 16:23/M	Plainfield CT	462	F	10:40-49
97 50:46.5	Penny Newbury 16:23/M	Hampton CT	510	F	8:60-69
98 51:57.2	Emily Utz 16:46/M	Westerly RI	502	F	12:18-39

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99	Theresa Shannon	Groton CT	551	F	12:50-59
51:57.4	16:46/M				
100	Patty Moody	Mystic Ct CT	369	F	13:18-39
52:26.8	16:55/M				
Total					
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Gend</u>	<u>Age Group</u>
<u>Time</u>	<u>Place</u>				
101	Joni Moody	Fairfield CT	324	F	14:18-39
52:27.6	16:55/M				
102	Braydon Payne	Norwich CT	537	M	3:12-17
56:54.9	18:22/M				
103	Patick Payne	Norwich CT	536	M	6: 1-11
57:02.6	18:24/M				
104	Oliver Ployne	Norwich CT	535	M	7: 1-11
57:04.4	18:25/M				
105	Robin Ryan	Waterford CT	421	F	9:60-69
57:05.0	18:25/M				
106	Mary Beth Buckley	Waterford Ct	474	F	10:60-69
57:06.3	18:25/M				
107	Rosimary Neves	Bridgeport CT	342	F	13:50-59
57:11.1	18:27/M				
108	Rosineia Gama	Bridgeport CT	343	F	14:50-59
57:14.8	18:28/M				
109	Jacob Toth	New London CT	429	M	8: 1-11
57:17.2	18:29/M				
110	Matthew Toth	New London CT	425	M	14:18-39
57:17.2	18:29/M				
111	Ashleigh Payne	Norwich CT	538	F	15:18-39
57:17.7	18:29/M				
112	John Satti	Zip Not Provided C	553	M	8:60-69
57:23.3	18:31/M				
113	Barry Shead	Woodstock	461	M	9:60-69
58:49.7	18:59/M				
114	Fran Toth	New London CT	427	F	11:60-69
59:17.5	19:08/M				
115	Scott Wolfe	Waterford CT	374	M	10:60-69
1:00:51.9	19:38/M				
116	Vicki Severin	Waterford Ct	475	F	12:60-69
1:00:52.2	19:38/M				
117	Manzu Bron	Waterford Ct	554	F	13:60-69
1:04:24.0	20:46/M				
118	Diane Viets	Waterford Ct	555	F	14:60-69
1:04:24.3	20:47/M				
119	Damiven Irvin	Norwich CT	521	M	4:12-17
1:07:00.0	21:37/M				
120	Nevaeh Irvin	Norwich CT	520	F	2:12-17
1:07:00.6	21:37/M				
